Natatorium Pool Availability By Day October 2026

MONDAY	Lap Pool	Leisure Lanes	Current Channel	Slide Catch Pool (Fitness Use)	Therapy/Instructional Pool
5:30-7:00a	6 Lanes	3 Lanes	Open	Open	Open
7:00-8:00a	6 Lanes	3 Lanes	Open	Open	Open
8:00-9:00a	6 Lanes	Class: Pilates Barre 8:20-9a	Open	Open	Class: ROM 8-8:50a
9:00-10:00a	2 Lanes; Class: Deep Water 9-9:50a	3 Lanes	Open	Open	Western Reserve Therapy 9a-4:30p
10:00-11:00a	6 Lanes	3 Lanes	Open	Open	
11:00a-12:00p	6 Lanes	3 Lanes	Open	Open	
12:00-1:00p	Safety Break 12-12:40p	3 Lanes	Open	Open	
1:00-2:00p	6 Lanes	3 Lanes	Open	Open	
2:00-3:00p	6 Lanes	Safety Break 2-2:40p			
3:00-3:30p	6 Lanes	3 Lanes	Open	Open	
3:30-5:00p	2 Lanes; CFHS Swim Practice 3:30-5:30p	3 Lanes	Open	Open	
5:00-5:30p		3 Lanes	Class: Aqua Bootcamp 5-5:50p	Open	Open
5:30-6:00p	6 Lanes	3 Lanes		Open	Open
6:00-7:00p	1-2 Lanes; Special Olympics Swim Practice	3 Lanes	Open	Open	Closed: FitKid 6:15-7p
7:00-8:45p	6 Lanes	3 Lanes	Open	Open	Open

TUESDAY	Lap Pool	Leisure Lanes	Current Channel	Slide Catch Pool (Fitness)	Therapy/Instructional Pool
5:30-8:00a	6 Lanes	3 Lanes	Open	Open	Open
8:00-9:00a	2 Lanes; Class: Shallow/Deep Water 8-8:50a	3 Lanes	Open	Open	Open
9:00-10:00a	6 Lanes	3 Lanes	Open	Open	Class: ROM 9-9:50a
10:00-11:00a	6 Lanes	3 Lanes	Class: Water Walking 10:00-10:50a	Open	Class: Aqua Yoga 10-10:45a
11:00a-12:00p	6 Lanes	3 Lanes	Open	Open	Open
12:00-1:00p	Safety Break 12-12:40p	3 Lanes	Open	Open	Open
1:00-2:00p	6 Lanes	3 Lanes	Open	Open	Open
2:00-3:00p	6 Lanes	Safety Break 2-2:40p			Open
3:00-3:30p	6 Lanes	3 Lanes	Open	Open	Open
3:30-5:00p	2 Lanes; CFHS Swim Practice 3:30-5:30p	3 Lanes	Open	Open	Open
5:00-5:30p		Swim Lessons 5-7:30p*	Class: Water Walking 5:00-5:40p	Swim Lessons 5-7:30p*	Swim Lessons 5-7:30p*
5:30-6:00p	6 Lanes				
6:00-6:30p	4 Lanes; Swim Club**		Open		
6:30-7:00p			Open		
7:00-8:45p	4 Lanes; CFHS Dive Practice 7-8:30p	3 Lanes	Open	Open	Open

WEDNESDAY	Lap Pool	Leisure Lanes	Current Channel	Slide Catch Pool (Fitness Use)	Therapy/Instructional Pool
5:30-9:00a	6 Lanes	3 Lanes	Open	Open	Open
9:00-9:30a	6 Lanes	3 Lanes	Open	Open	Class: ROM 9-9:50a
9:30-10:00a	6 Lanes	Class: Aqua Combat 9:30-10:15	Open	Open	Western Reserve Therapy 10a-4:30p
10:00-10:30a	6 Lanes		Class: Water Walking 10:00-10:50a	Open	
10:30-11:00a	6 Lanes	3 Lanes		Open	
11:00a-12:00p	6 Lanes	3 Lanes	Open	Open	
12:00-1:00p	Safety Break 12-12:40p	3 Lanes	Open	Open	
1:00-2:00p	6 Lanes	3 Lanes	Open	Open	
2:00-3:30p	6 Lanes	Safety Break 2-2:40p			
3:30-5:00p	2 Lanes; CFHS Swim Practice 3:30-5:30p	3 Lanes	Open	Open	
5:00-5:30p		Class: Aqua Zoom 5:15-6p	Open	Open	Open
5:30-6:00p	6 Lanes			Open	Open
6:00-7:00p	1-2 Lanes; Special Olympics Swim Practice	3 Lanes	Open	Open	Closed: FitKid 6:15-7p
7:00-8:45p	6 Lanes	3 Lanes	Open	Open	Open

THURSDAY	Lap Pool	Leisure Lanes	Current Channel	Slide Catch Pool (Fitness Use)	Therapy/Instructional Pool
5:30-7:00a	6 Lanes	3 Lanes	Open	Open	Open
7:00-8:00a	6 Lanes	3 Lanes	Open	Open	Open
8:00-9:00a	2 Lanes; Deep Water 8-8:50a	1 Lane; Class: Hydro Pilates 8-8:50a	Open	Open	Open
9:00-10:00a	6 Lanes	3 Lanes	Open	Open	Class: ROM 9-9:50a
10:00-11:00a	6 Lanes	3 Lanes	Open	Open	Open
11:00-11:30a	6 Lanes	3 Lanes	Open	Open	Open
11:30a-12:00p	6 Lanes	3 Lanes	Open	Open	
12:00-1:00p	Safety Break 12-12:40p	3 Lanes	Open	Open	Open
1:00-2:00p	6 Lanes	3 Lanes	Open	Open	Open
2:00-3:00p	6 Lanes	Safety Break 2-2:40p			Open
3:00-3:30p	6 Lanes	3 Lanes	Open	Open	Open
3:30-5:00p	2 Lanes; CFHS Swim Practice 3:30-5:30p	3 Lanes	Open	Open	Open
5:00-5:30p		Swim Lessons 5-7:30p*	Open	Swim Lessons 5-7:30p*	Swim Lessons 5-7:30p*
5:30-6:00p	6 Lanes		Open		
6:00-7:00p	4 Lanes; Swim Club**		Open		
7:00-7:30p	4 Lanes; CFHS Dive Practice 7-8:30p		Open		
7:30-8:45p		3 Lanes	Open	Open	Open

FRIDAY	Lap Pool	Leisure Lanes	Current Channel	Slide Catch Pool (Fitness Use)	Therapy/Instructional Pool
5:30-7:30a	4 Lanes; US Masters Swim Club	3 Lanes	Open	Open	Open
7:30-8:00a	6 Lanes	3 Lanes	Open	Open	Open
8:00-9:00a	6 Lanes	3 Lanes	Open	Open	Western Reserve Therapy 8a-4:30p
9:00-10:00a	6 Lanes	Class: Aqua Zoom 9-9:50a	Open	Open	
10:00-11:00a	6 Lanes	3 Lanes	Class: Water Walking 10-10:50a	Open	
11:00a-12:00p	6 Lanes	3 Lanes	Open	Open	
12:00-1:00	Safety Break 12-12:40p	3 Lanes	Open	Open	
1:00-2:00	6 Lanes	3 Lanes	Open	Open	
2:00-3:00	6 Lanes	Safety Break 2-2:40p			
3:00-3:30p	6 Lanes	3 Lanes	Open	Open	
3:30-4:30p	2 Lanes; CFHS Swim Practice 3:30-5:30p	3 Lanes	Open	Open	
4:30-5:30p		3 Lanes	Open	Open	Open
5:30-8:45p	6 Lanes	3 Lanes	Open	Open	Open
SATURDAY	Lap Pool	Leisure Lanes	Current Channel	Slide Catch Pool (Fitness Use)	Therapy/Instructional Pool
7:00-9:00a	6 Lanes	3 Lanes	Open	Open	Open
9:00-10:00a	2 Lanes; Shallow/Deep Combo 9-9:50a	1-2 Lanes; Swim Lessons 9a-12:30p*	Open	Open	Swim Lessons 9a-12:30p*
10:00-11:00a	2 Lanes, Deep Water Plus 10-10:50a		Open	Swim Lessons 10a-12:30p*	
11:00a-12:30p	5-6 Lanes, Swim Lessons*		Open		
12:30-1:00p	6 Lanes	3 Lanes	Open	Open	Open
1:00-5:00p	3 Lanes, Open Swim 1:00 to 5:00, Adults may stay in during Safety Break	3 Lanes, From 1:00 to 5:00 Safety Break at the top of the hour	Open for ages 18+ Fitness Use Only, Safety Break at the top of the hour	CLOSED: OPEN SWIM SLIDE USE 1-5P	Open for ages 18+ Fitness Use Only
5:00-6:45p	6 Lanes	3 Lanes	Open	Open	Open
SUNDAY	Lap Pool	Leisure Lanes	Current Channel	Slide Catch Pool (Fitness Use)	Therapy/Instructional Pool
9:00a-1:00p	6 Lanes	3 Lanes	Open	Open	Open
1:00-5:00p	3 Lanes, Open Swim 1:00 to 5:00, Adults may stay in during Safety Break	3 Lanes, From 1:00 to 5:00 Safety Break at the top of the hour	Open for ages 18+ Fitness Use Only, Safety Break at the top of the hour	CLOSED: OPEN SWIM SLIDE USE 1-5P	Open for ages 18+ Fitness Use Only
5:00-6:45p	6 Lanes	3 Lanes	Open	Open	Open

During crowded hours, you may be asked to **share a lane**. Thank you for your cooperation!

Daily Safety Breaks M-F: Lap Pool 12-12:40p and Leisure Pool 2-2:40p.

Private Lessons can occur at any time in any of the pools, thank you for being flexible.

***Fall Swim Lessons are in session for the whole month Tuesdays, Thursdays, and Saturdays**

****Swim Club is in session for the whole month Tuesdays and Thursdays 6-7pm**

CFHS Swim and Dive will start Friday October 23rd

 # Lanes = Number of lap lanes open to the public in that pool

Water Features, Slide, and Diving Board are open to the public on Saturdays and Sundays 1-5pm

Therapy Pool is 18+ at all times unless with a Natatorium Swim Instructor

Weekly General Maintenance Break for Spa is Every Friday 1-1:40p. Thanks for being flexible!

Updated 9/30/26 JEP