Therapy Pool Hours
(Adults Only)

Day	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
OPEN for Fitness Swim	9a-6:45p	5:30-8a 4:30-6:15p 7-8:45p	5:30-9a 11a-5p 7-8:45p	5:30-9a 4:30-6:15p 7-8:45	5:30-9a 11:00a- 8:45p	5:30-8a 4:30-8:45	7-8:45a 12:30- 6:45p
CLOSED for Programming		8-9a ROM 9-4:30 WRH 6:15-7p FitKid	9-10a ROM 10-11a Aqua Yoga Swim Lessons 5-7p*	9-10a ROM 10-4:30 WRH 6:15-7 FitKid	9-10a ROM Adapted 10:15- 11a	8-4:30 WRH	8:45- 12:30 Swim Lessons*

Shaded areas indicate the days and times open use is permitted.

Persons under the age of 18 years are permitted in the Instructional/Therapy pool when accompanied by a Natatorium water safety instructor for private and group swim lessons.

- *SWIM LESSONS Tuesday evenings 5-7p and Saturdays 9a-12:30p starting Dec 1st.
- FIT KID PROGRAMS: scheduled Mondays/Wednesdays from 6:15-7:00p
- Private lessons are scheduled at varying hours based on mutually agreed upon times and children and instructors will use the therapy pool for lessons during open times. Thanks for sharing the space!
- 8am-4:30p Monday/Wednesday/Friday WR Therapist & Patients ONLY
- Note: Therapy Pool Temp: 89^0 Pool Temperatures are regulated by the Health Department. Temperatures may fluctuate slightly. -01;S2 "Higher temperatures" means greater than 90 degrees Fahrenheit

Updated: 10/30/26 JEP